

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Roast butternut squash and chilli Homemade Bread	Mushroom and tarragon Homemade Bread	Celeriac and saffron Homemade Bread	Root vegetable and barley broth Homemade Bread	Leek and potato Homemade Bread
<b>Traditional Hot dish</b>	Sausage and mash	Chicken tikka masala	Roast pork loin, Bramley apple Stuffing & Gravy	Beef lasagna with garlic and rosemary focaccia	katsu chicken with sticky rice
<b>Vegetarian dish</b>	Quorn cottage pie topped with cheesy mash	Stir fried noodles with plum sauce and fresh coriander	Quorn sausage and bean cassoulet	Thai style vegetable curry with fragrant rice	Homemade tomato and mozzarella pizza
<b>Composite Salad</b>	Halloumi roast red pepper and rocket salad	Tuna Niçoise salad	Char Sui chicken salad	Chicken Caesar salad	Mexican chicken salad with nachos
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Accompaniments</b>	Mashed Potato Carrots, sugar snaps and peas	Poppadoms, savoury rice, cauliflower and mixed greens	Rosemary roast potatoes, parsnips, carrot and swede crush	Broccoli, sweetcorn	Medley of vegetable, baked beans, steamed rice
<b>Desserts</b>	Golden syrup sponge and custard	Jam Swiss roll and custard	Chocolate marble cake with toffee sauce	Blueberry sponge and custard	Apple crumble and custard
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Spiced sweet potato and coconut soup Homemade Bread	Tomato and put lentil soup Homemade Bread	Honey roast parsnip Homemade Bread	Pea and mint soup Homemade Bread	Carrot and ginger soup Homemade Bread
<b>Traditional Hot dish</b>	Slow cooked spiced beef chilli with savoury rice	Chicken and bacon pie with minted new potatoes	Garlic and thyme roasted turkey breast with cranberry,sage and onion stuffing	Beef and root vegetable casserole with creamy mashed potato	Battered cod fillets With chunky chips
<b>Vegetarian dish</b>	Baked Vegetable lasagna	Mac and cheese topped with Red Leicester cheese	Tomato, mozzarella and basil puff pastry tart	Quorn curry with fragrant rice	Deep pan margarita pizza
<b>Composite Salad</b>	Greek salad with barrel aged feta	Heritage tomato and buffalo mozzarella salad	Moroccan chicken with giant cous cous	Smoked mackerel salad with beetroot and orange	Piri piri chicken rice salad
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Sides &amp; Starch</b>	Roasted carrot and parsnip, sugar snap peas	Savoy cabbage and spinach, roasted Mediterranean vegetable	Herb marinated roasted new potatoes , carrot and swede crush, steamed broccoli	Cauliflower cheese, fine beans	Garden peas, baked beans
<b>Desserts</b>	Tiramisu	Pineapple cake and custard	Chocolate tart	Banana and chocolate chip cake, chocolate custard	Toffee sponge and custard
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Curried cauliflower soup Homemade Bread	Tuscan bean soup Homemade Bread	Potato and watercress soup Homemade Bread	Turkish lentil soup Homemade Bread	Garden vegetable soup Homemade Bread
<b>Hot dish</b>	Cottage pie topped with sweet potato mash	Piri piri chicken with Nando's style rice	Slow roasted ham with a honey and mustard glaze	Braised beef and vegetable pie	Build a burger with thick cut chips
<b>Vegetarian dish</b>	Stir fry noodles with plum sauce and fresh coriander	Courgette and goats cheese quiche	Quorn lasagna	Sweet potato and chick pea curry	Cheese and tomato pizza
<b>Composite Salad</b>	Brie and cranberry with crispy smoked bacon	Ham hock and Cheshire cheese	Cous cous salad with barrel aged feta cheese	Salad of goats cheese, beetroot and caramelised onion.	Prawn cocktail and avocado salad
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Sides &amp; Starch</b>	Steamed broccoli and sweet corn	Cauliflower cheese, chantonay carrots	Honey and mustard new potatoes, roasted parsnips, braised red cabbage	Spring onion mash, mixed greens, french beans	BBQ beans Steamed broccoli
<b>Desserts</b>	Strawberry and white chocolate sponge with custard	Jam and coconut sponge with custard	Dark gingerbread sponge, warm custard	Rich chocolate sponge, toffee sauce	Orange cake with chocolate drizzle
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit

