

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	spiced sweet potato and coconut soup Homemade Bread	Mushroom and tarragon Homemade Bread	parsnip, sage and white bean Homemade Bread	Moroccan harira Homemade Bread	Leek and potato Homemade Bread
<b>Traditional Hot dish</b>	Sausage and mash	Jamaican jerk chicken Mango and pineapple salsa Artic wrap	Roast pork loin, Bramley apple Stuffing & Gravy	Beef lasagna with garlic and rosemary focaccia Baby potatoes	Katsu chicken with sticky rice
<b>Vegetarian dish</b>	Quorn cottage pie topped with cheesy mash	fruity Sri Lankan and sweet potato curry	brie, cranberry and leek tart	Vegetable pad Thai with rice noodles and tofu	Homemade tomato and mozzarella pizza
<b>Composite Salad</b>	Halloumi roast red pepper and rocket salad	Tuna Niçoise salad	Fattoush and feta cheese	Chicken Caesar salad	Mexican chicken salad with nachos
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Accompaniments</b>	Mashed Potato Carrots, sugar snaps and peas	Rice and black eye peas, corn on the cob, steamed green	Rosemary roast potatoes, parsnips, carrot and swede crush	Broccoli, cauliflower	Medley of vegetable, baked beans, steamed rice
<b>Desserts</b>	Golden syrup sponge and custard	Sticky Jamaican ginger cake	Chocolate marble cake with toffee sauce	Blueberry sponge and custard	Apple crumble and custard
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Butternut squash and chilli Homemade Bread	Tomato and put lentil soup Homemade Bread	Celeriac, sage and potato soup Homemade Bread	Pea and coconut soup Homemade Bread	Winter vegetable soup Homemade Bread
<b>Traditional Hot dish</b>	Slow cooked spiced beef chilli with tortillas, jalapenos and guacamole	Greek gyros. Khobez bread and tomato salsa Hummus Tzatziki	Garlic and thyme roasted turkey breast with cranberry, sage and onion stuffing	Braised beef and vegetable pie, creamed potato	Loaded hot dogs Curly fries
<b>Vegetarian dish</b>	Baked Vegetable lasagna	Mac and cheese topped with Red Leicester cheese	Tomato, mozzarella and basil puff pastry tart	Spanish style omelet with roast red peppers and feta cheese.	Deep pan margarita pizza
<b>Composite Salad</b>	Inca tomato and mozzarella salad	Greek salad with barrel aged feta	Moroccan chicken with giant cous cous	Smoked mackerel salad with beetroot and orange	Piri piri chicken rice salad
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Sides &amp; Starch</b>	Steamed rice Roasted carrot and parsnip, sugar snap peas	Sweet potato fries Savoy cabbage and spinach, roasted Mediterranean vegetable	Herb marinated roasted new potatoes, carrot and swede crush, steamed broccoli	Cauliflower cheese, fine beans	Garden peas, baked beans
<b>Desserts</b>	Jam Swiss roll	Tiramisu	Carrot cake with vanilla frosting	Banana and chocolate chip cake, chocolate custard	Toffee sponge and custard
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the day</b>	Curried cauliflower soup Homemade Bread	Tuscan bean soup Homemade Bread	Potato and watercress soup Homemade Bread	Turkish lentil soup Homemade Bread	Roast red pepper and plum tomato soup Homemade Bread
<b>Hot dish</b>	Butter chicken Poppadum Lime pickle Mango chutney	Piri piri chicken with Nando's style rice wrap	Slow roasted ham with a honey and mustard glaze	Chicken and bacon pie	Build a burger with thick cut chips
<b>Vegetarian dish</b>	Butternut squash and 5 bean taco Spicy jalapeños	Courgette and goats cheese quiche and baby potatoes	Quorn moussaka	Sweet potato and chick pea curry	Cheese and tomato pizza
<b>Composite Salad</b>	Brie and cranberry with crispy smoked bacon	Ham hock and Cheshire cheese	Char siu chicken salad	Salad of goat's cheese, beetroot and caramelised onion.	southern fried chicken salad with avocado and jalapeños
<b>Baked potato or Pasta</b>	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce	Jacket Potato Meat Option Vegetarian Option	Pasta Bar Meat Sauce Vegetarian Sauce
<b>Sides &amp; Starch</b>	Cavolo Nero and sugar snap peas	Cauliflower cheese, cumin and honey roast chantonay carrots	Provincial roast new potatoes, roasted parsnips, braised red cabbage	Spring onion mash, medley of vegetables, corn on the cob	BBQ beans Steamed broccoli
<b>Desserts</b>	Strawberry and white chocolate sponge with custard	Chocolate chip cake with chocolate buttercream	warm sticky toffee pudding, toffee custard	Jam and coconut sponge	Orange cake with chocolate drizzle
<b>Chilled puddings</b>	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit	Fruit Jelly, Dessert Pot, Yoghurt & Fresh Fruit

